

# FOOD DAY™

Friday, October 24<sup>th</sup>

- **Cooking demonstration and tastings from 9-11am (for preschoolers), and from 1-2pm (for campus community, sponsored by Sacramento Natural Food Coop) in the WELL, The Cove**
- **Information session for Capital Public Radio's multimedia documentary** on food insecurity airing later this fall. Join the production team to learn more about *The View From Here: Hidden Hunger in the University Union*, Redwood room (10-11am)
- **Community Partners Information session in the Multicultural Center (12-1.15pm):**
- GRAS (Green Restaurants Alliance, Sacramento), Slow Food Sacramento, California Food Literacy Center, Celiac Support Group, Healthy Kids Concept, Sacramento Food Bank, Pesticide Watch, Out of the Pantry, Soil Born Farm, etc.
- **Open House for On-Campus Aquaponics system at STORC facility across campus drive from parking lot IV, (10am-2pm)**
- **Grand Reveal of Capital Radio Garden Project at 7055 Folsom Boulevard (4.30-6.30pm):** featured guest: Matthew Marsom (Vice President Public Health Policy & Advocacy at Public Health Institute)
- **Film viewing of the newly released movie *Fed Up* and panel discussion in the University Union, Redwood room (5.00-7pm):**  
Amber Stott (California Food Literacy Center)  
Janet Zeller (Soil Born Farm)  
Kristin Kiesel (Sac State, Economics)  
Moderator: Elaine Corn (Food writer, editor and author)
- **Interactive Keynote by Bryant Terry At the Intersection of Food, Politics, Poverty, and Public Health in the University Union, Redwood room (7.15-8.30pm):**  
(followed by a book signing of his latest cookbook *Afro Vegan*, named one of the best cookbooks of 2014 by Amazon.com)  
How can we provide healthy food choices for all Americans, regardless of income, geography or race? In this interactive presentation, Bryant Terry shows us how the food we eat directly affects issues such as poverty, sustainability, and structural racism. How can we get healthier food into low income urban areas? What can each of us-- whether urban dweller or suburbanite-- do to eat healthier? And how will these choices affect everything from the environment to social justice? Terry doesn't push faddish or prescribed diets. But he will sing, rap, screen a short video, and cook a dish (Citrus Collards With Raisins) to demonstrate how simple (and delicious) making better food choices can be. Fusing food justice and personal history, Terry shows us how to improve access to fresh food in our communities: whether that community is your campus, your workplace, your neighborhood, or just your own set of friends gathered in the kitchen.
- **All day featured menus around campus dining establishments**
- **All day featured literature at the Hornet Bookstore**
- **All day Food and Nutrition Club Jamboree on the Quad (Thursday, October 23<sup>rd</sup>)**



All events are open and free to all of the campus community and the public!  
Please contact Kristin Kiesel ([kiesel@csus.edu](mailto:kiesel@csus.edu)) for additional details